

Counting The Omer

During the counting of the Omer we focus on repentance and acknowledging God as our provider. We give thanks for all our blessings and provisions. Start counting at the beginning of the Feast of Firstfruits, the day after the weekly Sabbath during the week of Passover. Count 49 days until the 50th which is the Feast of Shavuot (Pentecost), once again falling on the day after the weekly Sabbath.

Blessing for Counting the Omer

Barukh ata Adonai Eloheinu Melekh ha'Olam asher kid'shanu b'mitzvotav v'tizivanu al sefirat ha'omer.

Blessed are you, O Lord our God, King of the Universe, Who has sanctified us with His commandments and commanded us to count the omer.

Daily Reading

Psalm 51:9-11 "(9) Hide Your face from my sins, and blot out all my iniquities. (10) Create in me a clean heart, O God, and renew a right spirit within me. (11) Do not cast me away from Your presence, and do not take Your Holy Spirit from me." MEV

Psalm 67:5-7 "5 May the people praise you, O God; may all the peoples praise you! 6 The land has produced its harvest; God, our God, has blessed us. 7 God has blessed us; may all people everywhere honor him." GNT

* Each day of Counting the Omer starts at sunset on the date listed.

<input type="checkbox"/> Day 1 (Saturday, March 31st): 2 Chron. 7:14	<input type="checkbox"/> Day 26 (Wednesday, April 25th): Ps. 99:9
<input type="checkbox"/> Day 2 (Sunday, April 1st): Lev. 19:18	<input type="checkbox"/> Day 27 (Thursday, April 26th): Ps. 138:2
<input type="checkbox"/> Day 3 (Monday, April 2st): Hos. 6:6	<input type="checkbox"/> Day 28 (Friday, April 27th): Rom. 12:1
<input type="checkbox"/> Day 4 (Tuesday, April 3rd): Matt. 5:23-24	<input type="checkbox"/> Day 29 (Saturday, April 28th): Amos 5:24
<input type="checkbox"/> Day 5 (Wednesday, April 4th): Ps. 133:1	<input type="checkbox"/> Day 30 (Sunday, April 29th): Isa. 1:17
<input type="checkbox"/> Day 6 (Thursday, April 5th): Hos. 6:1	<input type="checkbox"/> Day 31 (Monday, April 30th): Prov. 19:17
<input type="checkbox"/> Day 7 (Friday, April 6th): Ps. 80:20	<input type="checkbox"/> Day 32 (Tuesday, May 1st): Ps. 112:9
<input type="checkbox"/> Day 8 (Saturday, April 7th): Ps. 143:8	<input type="checkbox"/> Day 33 (Wednesday, May 2nd): Prov. 11:24-25
<input type="checkbox"/> Day 9 (Sunday, April 8th): Ps. 143:10	<input type="checkbox"/> Day 34 (Thursday, May 3rd): Matt. 10:7-8
<input type="checkbox"/> Day 10 (Monday, April 9th): Lam. 5:21	<input type="checkbox"/> Day 35 (Friday, May 4th): Acts 20:35
<input type="checkbox"/> Day 11 (Tuesday, April 10th): Ps.139:23-24	<input type="checkbox"/> Day 36 (Saturday, May 5th): Lev. 19:18b
<input type="checkbox"/> Day 12 (Wednesday, April 11th): Mark 9:50	<input type="checkbox"/> Day 37 (Sunday, May 6th): Rom. 12:15
<input type="checkbox"/> Day 13 (Thursday, April 12th): John 13:34-35	<input type="checkbox"/> Day 38 (Monday, May 7th): Isa. 61:1
<input type="checkbox"/> Day 14 (Friday, April 13th): Heb. 12:14	<input type="checkbox"/> Day 39 (Tuesday, May 8th): Ps. 35:13
<input type="checkbox"/> Day 15 (Saturday, April 14th): Deut. 10:20	<input type="checkbox"/> Day 40 (Wednesday, May 9th): Heb. 13:3
<input type="checkbox"/> Day 16 (Sunday, April 15th): Ps. 62:5	<input type="checkbox"/> Day 41 (Thursday, May 10th): Zech. 7:9-10
<input type="checkbox"/> Day 17 (Monday, April 16th): Ps. 51:17	<input type="checkbox"/> Day 42 (Friday, May 11th): James 1:27
<input type="checkbox"/> Day 18 (Tuesday, April 17th): Ps. 130:6	<input type="checkbox"/> Day 43 (Saturday, May 12th): Deut. 7:6
<input type="checkbox"/> Day 19 (Wednesday, April 18th): Ps. 42:1	<input type="checkbox"/> Day 44 (Sunday, May 13th): Isa. 44:5
<input type="checkbox"/> Day 20 (Thursday, April 19th): Ps. 103:1	<input type="checkbox"/> Day 45 (Monday, May 14th): Hosea 14:2
<input type="checkbox"/> Day 21 (Friday, April 20th): John 6:68b	<input type="checkbox"/> Day 46 (Tuesday, May 15th): Jer. 31:3-4a
<input type="checkbox"/> Day 22 (Saturday, April 21st): Ex. 8:1	<input type="checkbox"/> Day 47 (Wednesday, May 16th): Matt. 10:6-7
<input type="checkbox"/> Day 23 (Sunday, April 22nd): Deut. 6:13-14	<input type="checkbox"/> Day 48 (Thursday, May 17th): Rom. 1:16
<input type="checkbox"/> Day 24 (Monday, April 23rd): Ps. 51:15	<input type="checkbox"/> Day 49 (Friday, May 18th): Rom. 11:26-27
<input type="checkbox"/> Day 25 (Tuesday, April 24th): Ps. 96:9	<input type="checkbox"/> Shavuot (Saturday, May 19th): Acts 2:1-2